

Religion: Empowering or Oppressive to Humanity?

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Abstract—*Is it possible for a human to be perfect without the influence of any religion? this is the foremost question facing the recent world. When we arguing that the religion is irrelevant in the presence of developed science which is sufficient to satisfy all human needs, the everlasting scientific legend Mr. Albert Einstein's approaches towards the religion is being accused.*

Now days a lot of misconceptions and prejudices are ruling the world. Indeed, even the modern science is capable to satisfy all physical needs of human being, necessity of a religion is still exist to balance his mental buyouts. This paper includes apart from how the religion helps the humanity, how the spiritually being a basic need of human psych and how an atheist being a psycho.

Keywords: *Religion and spirituality in human life, spirituality; a psychological analysis, contradiction to spirituality.*